

Hi There,

I hope you enjoy your gift. Playing with the energy of my home has guided me on my path to success. The temple walls of our home I believe, mirrors the sacred temple of our body.

I'm passionate about empowering women to create their ideal life at any age.

How would you define success today—financial freedom, loving relationships, fabulous health or maybe a clutter free home? Lighten up now so your kids don't have to get rid of your stuff.

Are you ready to change what you are doing to receive what you say you want?

Here are three basic practical feng shui remedies for success.

INTENTION SETTING

Intention means that you have set a goal and plan to achieve it. Write down what you expect to happen today, tomorrow, or in the future. These expectations are the seeds of your intentions. Now chunk it down to a single focus. Clarity of intention is everything.

REMEDY 1:

FIRST STEP: CLEAR THE CLUTTER IN YOUR BEDROOM

Your bedroom is the space for rest and rejuvenation. If it is cluttered it can cause restless sleep, lack of energy, indecision, dull relationships and poor money flow.

A mantra could be:

“There is room in my life for that which I love.” Sing it, dance it, move it! *Move out the stuff you no longer love.*



REMEDY 2:

INCREASE LIGHT



Let natural light SHINE IN-- open blinds and curtains, overhead lights, up lights, anything to feel light and radiant.

REMEDY 3: SURROUND YOURSELF WITH OBJECTS YOU LOVE

What you see and hear reminds you of how to feel, think and do.

What you love will love and inspire you.

Dot Claire, Modern Day Medicine Woman, Aging Young with Vibrant Living

As the alchemist archetype, Dot magically creates beauty and harmony out of the ordinary. She has learned to weave her gifts of nursing, aromatherapy, healing touch, grief facilitation, healing ceremonies and supportive sacred environments into a tapestry that embodies joyful living. Dot's medicine bag is overflowing with self discovery remedies on how to age young and shift hardships into blessings.

Contact Dot: 925-899-3746, email dot@dotclaire.com

